



Crisis Numbers

Nationwide numbers:

Below you will find nationwide crisis line numbers. Anyone can access these numbers if they are in crisis, feeling depressed and need someone to talk to. If they are in immediate danger or are actively suicidal with a plan and have access to that plan, have them call 911.

- Suicide Prevention Lifeline - **1-800-273-8255**
- Veterans Suicide Prevention Lifeline - **1-800-273-8255 press 1**
- Deaf and Hard of Hearing Suicide prevention line - For TTY Users: **Use your preferred relay service or dial 711 then 1-800-273-8255.**
- Spanish Suicide Prevention Lifeline - **1-888-628-9454**
- The Trevor Project: LGBTQ+ specific crisis lifeline – **1-866-488-7386 or text 678678**
- Trans Lifeline: **877-565-8860**
- Crisis Text Line - **Text MN to 741741**

Minnesota Crisis numbers:

These are Minnesota county specific numbers. Individuals will need to call the number for the county they are currently in. Crisis teams can go to the person if they need to or can talk on the phone. Again, if they are in immediate danger or are actively suicidal with a plan and have access to that plan, have them call 911.

- Dakota County – **952-891-7171**
- Ramsey County – **651-266-7900**
- Anoka County – **763-755-3801**
- Hennepin County – **612-596-1223**
- Washington County – **651-430-6484 during work hours and 651-275-7400 hours and weekends**
- Scott County – **952-496-8481 between 8:00-4:30 PM and 952-818-3702 between 4:30 PM – 8:00 AM**
- Carver County – **952-442-7601**

For additional counties that are not listed, please visit this website to find the crisis numbers.

<https://mn.gov/dhs/people-we-serve/adults/health-care/mental-health/resources/crisis-contacts.jsp>

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Dakota County Technical College is an affirmative action, equal opportunity employer and educator.

This information is available in an alternate format by calling 651-423-8469 or TTY/Minnesota Relay at 1-800-627-3529.